# DONOR EDUCATIONAL MATERIALS Making Your Donation Safe

Thank you for coming in today! This information sheet explains how **YOU** can help us make the donation process safe for yourself and the patient who receives your donation.

PLEASE READ THIS INFORMATION <u>BEFORE</u> YOU COMPLETE THE QUESTIONNAIRE! If you have any questions now or at anytime during the screening process, please ask facility staff.

## **ACCURACY AND HONESTY ARE ESSENTIAL!**

Your **complete honesty** in answering all questions is very important for the safety of patients who receive your stem cells or bone marrow. **All information you provide is confidential.** 

# **DONOR ELIGIBILITY – SPECIFIC INFORMATION**Why we ask questions about sexual contact:

Sexual contact may cause contagious diseases like HIV to get into the bloodstream and be spread through transfusions or transplants to someone else.

### Definition of "sexual contact":

The words "have sexual contact with" and "sex" are used in some of the questions we will ask you, and apply to <u>any</u> of the activities below, whether or not a condom or other protection was used:

- 1. Vaginal sex (contact between penis and vagina)
- 2. Oral sex (mouth or tongue on someone's vagina, penis, or anus)
- 3. Anal sex (contact between penis and anus)

## **HIV/AIDS RISK BEHAVIORS AND SYMPTOMS**

AIDS is caused by HIV. HIV is spread mainly through sexual contact with an infected person OR by sharing needles or syringes used for injecting drugs.

#### **INFORM THE STAFF IF YOU:**

- -Have AIDS or have ever had a positive HIV test
- -Have used needles to take drugs, steroids, or anything not prescribed by your doctor in the past 5 years
- Are a male who has had sexual contact with another male, even once, in the past 5 years
- Have taken money, drugs or other payment for sex in the past 5 years
- Have had sexual contact in the past 12 months with anyone described above
- Have had syphilis or gonorrhea in the past 12 months
- In the last 12 months have been in juvenile detention, lockup, jail or prison for more than 72 hours
- -Have any of the following conditions that can be signs or symptoms of HIV/AIDS:
  - •Unexplained weight loss or night sweats
  - •Blue or purple spots in your mouth or skin
  - •Swollen lymph nodes for more than one month
  - •White spots or unusual sores in your mouth
  - Cough that won't go away or shortness of breath
  - Diarrhea that won't go away
  - •Fever of more than 100.5 °F for more than 10 days

Remember that you <u>CAN</u> give HIV to someone else even if you feel well and have a negative HIV test. This is because tests cannot detect infections for a period of time after a person is exposed to HIV. If you think you may be at risk for HIV/AIDS please inform the staff during your private interview.

### Travel to, or birth in, other countries

Donor screening tests may not be available for some contagious diseases that are found only in certain countries. If you were born in, have lived in, or visited certain countries, you may not be eligible to donate.

(Donor Center Name) (Telephone Number)